Carolina Psychiatric & Wellness
EVERY MIND MATTERS

2800 Village Way | Trent Woods, NC 28562
Phone 252-637-7300 | Fax 252-637-1772

Patient Authorization to Disclose - Psychotherapy Notes ONLY

Client's name:

_____

First Name Middle Name Last Name

Date of Birth: ____/____/____ Date authorization requested: ____/____/____

Authorization initiated by: _____

Name (patient, provider or other)

[ ] Information to be released: Authorization for Psychotherapy Notes ONLY

(By checking this box, I am waiving any psychotherapist-patient privilege)

Purpose of Disclosure: The reason I am authorizing release is:

[ ] My request

[ ] Other (describe)

Person(s) Authorized to Make the Disclosure: _____

Person(s) Authorized to Receive the Disclosure: _____

This Authorization will expire on _____/_____/_____ or upon the happening of the following event:

Authorization and Signature: I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be redisclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

Signature of Patient: _____

Signature of Parent or Legal Guardian: _____

Printed Name and Relationship (if other than patient): _____

Staff Member: _____ Date: _____

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Patient Rights and HIPAA Authorizations

The following specifies your rights about this authorization under the Health Insurance Probability and Accountability Act of 1996, as amended from time to time (“HIPAA”.)

1. Tell your counselor if you don’t understand this authorization, and the counselor will explain it to you.

2. You have the right to revoke or cancel this authorization at any time, expect: (a) to the extent information has already been shared based on this authorization; or (b) this authorization was obtained as a condition of obtaining insurance coverage. To revoke or cancel this authorization, you must submit your request in writing to provider at the following address: Carolina Psychiatric and Wellness, PLLC 2800 Village Way, Trent Woods, NC 28562-7305.

3. You may refuse to sign this authorization. Your refusal to sign will not affect your ability to obtain treatment or payment or your eligibility for benefits. If you refuse to sign this authorization, and you are in a research-related treatment program or have authorized your provider to disclose information about you to a third party, your provider has the right to decide not to treat you or accept you as a client in their practice.

4. Once the information about you leaves this office according to the terms of this authorization, this office has no control over how it will be used by the recipient. You need to be aware that at that point your information may no longer be protected by HIPAA.

5. If this office initiated this authorization, you must receive a copy of the signed authorization.

6. Special Instructions for completing this authorization for the use and disclosure of Psychotherapy Notes. HIPAA provides special protections to certain medical records known as “Psychotherapy Notes.” All Psychotherapy Notes recorded on any medium (i.e., paper, electronic) by a mental health professional (such as a psychologist or psychiatrist) must be kept by the author and filed separate from the rest of the client’s medical records to maintain a higher standard of protection. “Psychotherapy Notes” are defined under HIPAA as notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation during a private counseling session or a group, joint or family counseling session and that are separate from the rest of the individual’s medical records. Excluded from the “Psychotherapy Notes” defined are the following: (a) medication prescription and monitoring, (b) counseling session start and stop times, (c) the modalities and frequencies of treatment furnished (d) the results of clinical tests, and (e) any summary of: diagnosis, functional status, the treatment plan, symptoms, prognosis, and progress to date.

In order for a medical provider to release “Psychotherapy Notes” to a third party, the client who is the subject of the Psychotherapy Notes must sign this authorization to specifically allow for the release of Psychotherapy Notes. Such authorization must be separate from an authorization to release other medical records.